

# Hong Kong Family Welfare Society Mediation Centre

# Workshop on "How to Apply Inner Yes Method in Encountering Conflicts"

Date

: 27 January 2018 (Saturday)

Time

: 9:45am - 12:45pm & 2:00pm - 5:00pm

Venue

: Hong Kong Family Welfare Society Mediation Centre

Western Garden, 80A, First Street, Sai Ying Pun, Hong Kong

(Sai Ying Pun MTR Exit B1)

Language

: Cantonese (simultaneous interpretation is <u>not</u> available)

Fee

: HK\$1,200

(Early birds rate for registration before 12 January 2018: HK\$1,000)

Target

: Accredited Mediators interested in Mediation

**Max Capacity** 

30 persons

#### **Programme Objectives:**

> To provide introduction to the "Inner Yes Method"

> To enhance awareness and application of the "Inner Yes Method" to mediation practice and any conflicting relationships encountered in our daily life

What is "Inner Yes Method"?

The renowned negotiation expert, the coauthor of "Getting to Yes" and the author of "Getting Yes with Yourself: and Other Worthy Opponents", William Ury, develops the "Inner Yes Method" from his rich mediation and negotiation experiences. He has discovered that the greatest obstacle to successful agreements is not the other side, but is actually our own selves. The Inner Yes Method helps you get Yes with Yourself first, then dramatically improves your ability to get Yes with others, and in turn enhances your negotiation capacity.

### **Programme Content:**

The six stages and the three Yeses of "Inner Yes Method" will be introduced in lecture and its application will be explored through case illustrations and demonstration from real life, simulation exercise and discussion.

#### Trainer:

Mrs. Ruth, Wong Chan Tsz Ying, Senior Coordinator (Mediation Services), Hong Kong Family Welfare Society Mrs Wong is an experienced accredited Family Mediation Supervisor who has handled over 1,000 family mediation cases, has been the lead trainer of Family Mediation Training in 2012, 2013 (accredited by HKIAC) 2014, 2015, 2016 & 2017 (accredited by HKMAAL), conducted live supervision of Family Mediation for over 100 trainees and has coached over 100 sessions of Family Mediation Training Courses approved by the HKMAAL, HKIAC and the Law Society of Hong Kong.

### **Assistant Trainer:**

Mrs Pak Leung Ka Ling, Family Mediation Supervisor, Hong Kong Family Welfare Society

Mrs Pak is an experienced accredited family mediation supervisor who has mediated over 170 cases, conducted live supervision of Family Mediation for over 10 trainees, coached over 40 sessions of Family Mediation Training Courses approved by the HKMAAL, HKIAC and the Law Society of Hong Kong.